

Meal Planner

Day One				
Breakfast				
Main Item	Home			
Side Item				
Side Item				
Condiments				
Beverages				
AM Snack Bars / Pastries				
Lunch				
Main Item	Deli Sandwiches			Bread
Side Item	Pasta Salad			
Side Item				
Condiments	Mustard	Lettuce	Tomato	Mayo
Beverages	Water			
Afternoon Snack Fruit				
Dinner				
Main Item	Steaks			
Side Item	Baked Potatoe	5 - Potatoes		
Side Item	Zucchini			
Condiments	Garlic / Butter /			
Beverages	Beer			
PM Snack Cookies 2 Packages				
Hiking Snack				
Oil / Butter	Butter			
Spices	Garlic			
Ice				
Salt & Pepper is Included with Your Package				

Meal Planner

Day Two	
Breakfast	
Main Item	Egg Scramble
Side Item	Potatoes
Side Item	Peppers
Condiments	Onions
Beverages	Coffee /
AM Snack	
Pastries	
Lunch	
Main Item	Burgers Buns
Side Item	Potato Salad
Side Item	Sauteed Onions and Mushrooms
Condiments	Ketchup lettuce Tomato
Beverages	Water
Afternoon Snack	
Trail Mix	
Dinner	
Main Item	Lentil Soup
Side Item	Garlic Bread
Side Item	Potato and Pasta Salad
Condiments	
Beverages	Cocktails
PM Snack	
Cookies Pretzels	
Hiking Snack	
Oil / Butter	
Spices	
Ice	
Salt & Pepper is Included with Your Package	

Meal Planner

Day Three			
Breakfast			
Main Item	Breakfast Sandwiches - Frozen		
Side Item			
Side Item			
Condiments			
Beverages	Coffee		
AM Snack			
	Pastries		
Lunch			
Main Item	Bratwurst	Buns	
Side Item	Chips		
Side Item	Onions		
Condiments			
Beverages	Iced Tea		
Afternoon Snack			
	Bars	Fruit	
Dinner			
Main Item	Ribs Baby Back		
Side Item	Coleslaw		
Side Item			
Condiments	BBQ Sauce		
Beverages	Cocktails	Beer	Mixer
PM Snack			
Hiking Snack			
	Trail Mix		
Oil / Butter			
Spices			
Ice			
Salt & Pepper is Included with Your Package			

Meal Planner

Day Four	
Breakfast	
Main Item	Eggs Scramble
Side Item	Potatoes
Side Item	
Condiments	
Beverages	
AM Snack	
	Pastries
Lunch	
Main Item	Hot Dogs Buns
Side Item	
Side Item	
Condiments	Dog Relish Tomato
Beverages	
Afternoon Snack	
	Fruit
Dinner	
Main Item	Pork Chops
Side Item	Potatoes
Side Item	
Condiments	
Beverages	
PM Snack	
Hiking Snack	
Oil / Butter	
Spices	
Ice	
Salt & Pepper is Included with Your Package	

Meal Planner

Day Five	
Breakfast	
Main Item	Breakfast Sandwiches - Frozen
Side Item	
Side Item	
Condiments	
Beverages	
AM Snack	
Lunch	
Main Item	
Side Item	
Side Item	
Condiments	
Beverages	
Afternoon Snack	
Dinner	
Main Item	
Side Item	
Side Item	
Condiments	
Beverages	
PM Snack	
Hiking Snack	
Oil / Butter	
Spices	
Ice	
Salt & Pepper is Included with Your Package	

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Day Six	
Breakfast	
Main Item	
Side Item	
Side Item	
Condiments	
Beverages	
AM Snack	
Lunch	
Main Item	
Side Item	
Side Item	
Condiments	
Beverages	
Afternoon Snack	
Dinner	
Main Item	
Side Item	
Side Item	
Condiments	
Beverages	
PM Snack	
Hiking Snack	
Oil / Butter	
Spices	
Ice	
Salt & Pepper is Included with Your Package	

Meal Planner

Day Seven	
Breakfast	
Main Item	
Side Item	
Side Item	
Condiments	
Beverages	
AM Snack	
Lunch	
Main Item	
Side Item	
Side Item	
Condiments	
Beverages	
Afternoon Snack	
Dinner	
Main Item	
Side Item	
Side Item	
Condiments	
Beverages	
PM Snack	
Hiking Snack	
Oil / Butter	
Spices	
Ice	
Salt & Pepper is Included with Your Package	